

## **Christina Pirello - Star of The Food Network's *Christina Cooks!***



**Christina Pirello, MFN, CCN** is a bright, vivacious redhead who is one of America's preeminent authorities on natural and whole foods with a radiant personality that only serves to make her message more powerful. She's made it her purpose in life to show Americans that they can look their best and feel great too, by learning to eat natural, organic food.

Since 1988, Christina has been teaching whole foods cooking classes, conducting lifestyle seminars and lecturing all over the United States about the powerful role food plays in our lives. She has shared her deep and clear knowledge in a variety of settings – from natural food stores to corporate boardrooms – and not one life is left unchanged when she leaves the room.

Christina is the Emmy Award-winning host of the television series *Christina Cooks!*, and has written over five cookbooks.

In 2008, Christina founded *The Christina Pirello Health Education Initiative*, a non-profit organization dedicated to changing America's relationship with food, with community outreach, media programs and several in-school programs designed to teach our kids to make healthier choices before it's too late.

Christina holds a faculty position at Drexel University, where she lectures as a professor of culinary arts. She holds a B.A. and M.A. in Fine Arts from the University of Miami, and was awarded a Masters Degree in Nutrition from Philadelphia's Drexel University in 2003. For more information on Christina visit [www.christinacooks.com](http://www.christinacooks.com)